## **FOOD RESOURCES IN STAUNTON**



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Pantry	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Allen Chapel A.M.E. Church 936 Sudbury St 540-886-2210					2 <sup>nd</sup> Thursday 5:00-6:00pm		
Requirements	l		l	l	l	l	
Central United Methodist Church 14 N. Lewis St 540-886-3441				10:00- 11:30am			
	T	T	T	T	I o o 4th	T	
First Baptist Church 406 W Frederick St 540-886-8333					3r & 4 <sup>th</sup> Thursday 9:00- 10:30am		
First Presbyterian Church/Staunton 100 E Frederick St 540-886-0704					9:00am- 12:00noon		
040 000 07 04							
Linden Heights Baptist Church 371 Linden Dr 540-886-1138					11:00am- 12:00noon Please call by Wed.		
Marquis Memorial United Methodist Church 1614 W Beverley St 540-886-1176				9:00- 11:00am			
Salvation Army 1700 W Beverly St 540-487-1954		9:00am- 11:30am	9:00am- 11:30am	9:00am- 11:30am		9:00am- 11:30am	
Staunton Seventh Day Adventist Church 1000 Coalter Dr 540-886-8081			9:00am- 12:00noon				
Trinity Episcopal Church 214 W Beverly St 540-886-9132		Hot Meal 11:30am- 12:15pm	Hot Meal 11:30am- 12:15pm	Hot Meal 11:30am- 12:15pm	Hot Meal 11:30am- 12:15pm	Hot Meal 11:30am- 12:15pm	
Valley Mission 1513 W Beverly St 540-886-4673	Meals served 10:00am- 4:00pm	Meals served 7am-12noon and at 5:30pm	Meals served 7am-12noon and at 5:30pm	Meals served 7am-12noon and at 5:30pm	Meals served 7am-12noon and at 5:30pm	Meals served 7am-12noon and at 5:30pm	Meals served 10:00am- 4:00pm

## **FOOD RESOURCES IN STAUNTON**



## 2019-20 USDA Income Guidelines

To qualify for USDA food, your income may not exceed:

Family Size	Weekly Income	Monthly Income	Annual Income
1	\$360	\$1,561	\$18,735
2	\$488	\$2,114	\$25,365
3	\$615	\$2,666	\$31,995
4	\$743	\$3,219	\$38,625
5	\$870	\$3,771	\$45,255
6	\$998	\$4,324	\$51,885
7	\$1,125	\$4,876	\$58,515
8	\$1,253	\$5,429	\$65,145

<sup>\*\*\*</sup>Please note: if everyone in your family receives at least one of the following--SNAP (food stamps), Medicaid, Supplemental Security Income (SSI), or Temporary Assistance for Needy Families (TANF), you automatically qualify for USDA food